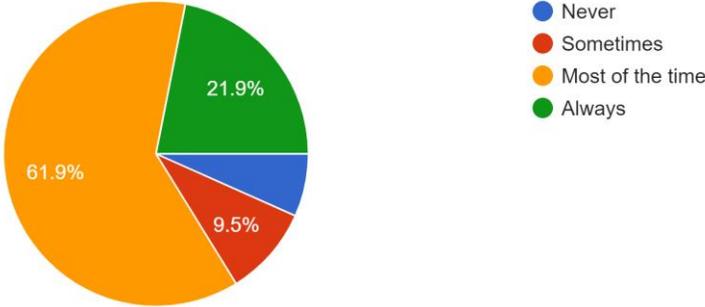


# Family Health Event Survey- October 2020

Have a regular scheduled mealtime when you are home?

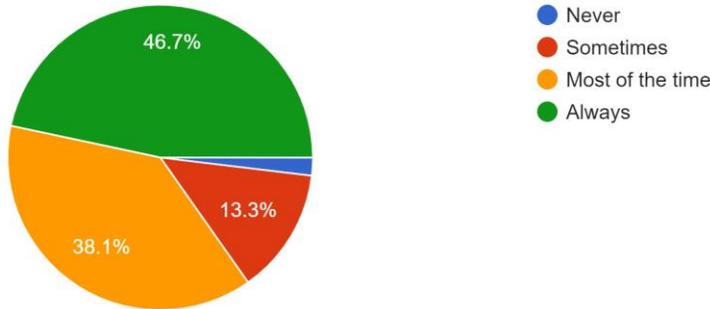
105 responses



Never	7
Sometimes	10
Most of the time	65
Always	23

Eat meals together at least once a day?

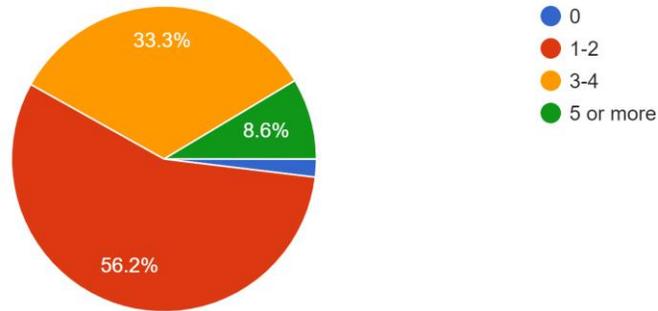
105 responses



Never	2
Sometimes	14
Most of the time	40
Always	49

Eat fruits and vegetables \_\_\_\_\_ times a day.

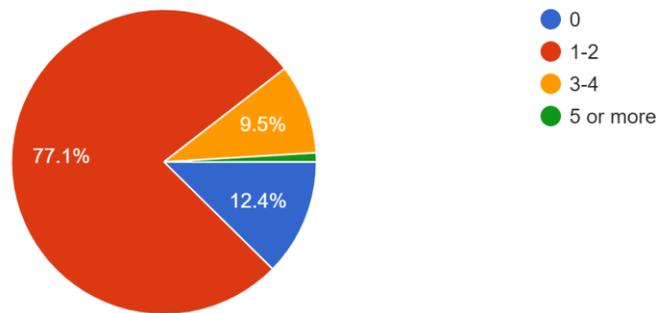
105 responses



0	2
1-2	59
3-4	35
5 or more	9

Eat foods high in fats (Example: fast foods, chips, desserts etc.) \_\_\_\_\_ times a day.

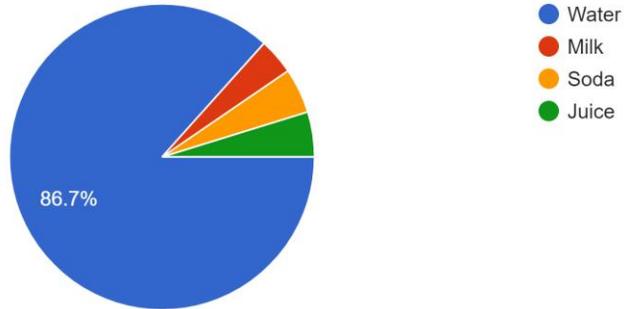
105 responses



0	13
1-2	81
3-4	10
5 or more	1

Most of the time I drink....

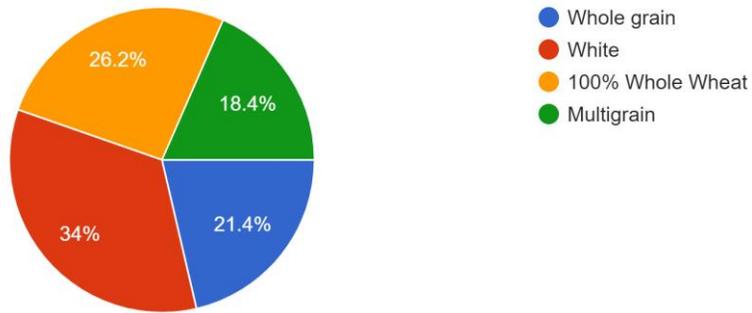
105 responses



Water	91
Milk	4
Soda	5
Juice	5

What type of bread does your family keep on hand?

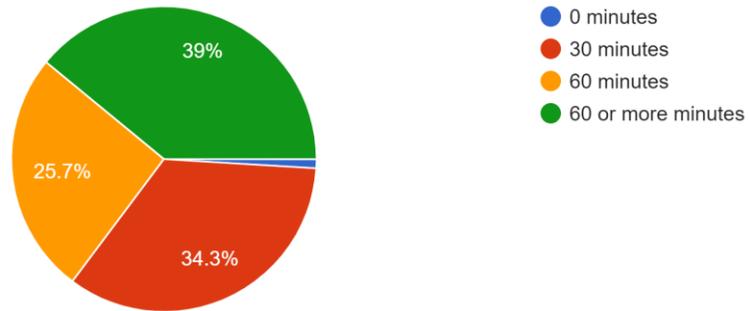
103 responses



Whole Grain	22
White	35
100% Whole Wheat	27
Multigrain	19

I participate in “moderate-to-vigorous” (moving around from a little to a lot) physical activity \_\_\_\_\_ a week.

105 responses



0 Minutes	1
30 Minutes	36
60 Minutes	27
60 or more minutes	41