

A thick black L-shaped frame is positioned around the text. It starts at the top left, goes right, then down, then right again, and finally down to the bottom right corner.

EFFECTS OF SOCIAL MEDIA IN FAST FOOD

By: Shasta ASAP's 5th & 6th grade

MEDIA MAKES FAST FOOD LOOK GOOD

BY LUIS RIVERA SOFIA GALLEGOS





THE MEDIA MAKES FOOD LOOK GOOD

Fast food places use the media to show you their food is good. They do this by making it look perfect and mouth watering. Some times they give you a good deal to convince you it is what you need. but not all the time because you can get a heart attack.

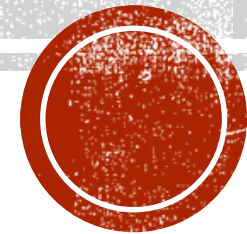
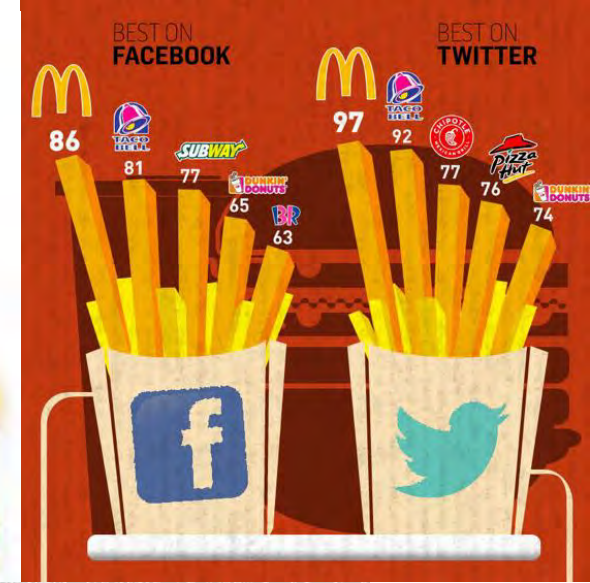


SOCIAL MEDIA

Fast Food uses social media to advertise their food. We help them sell their food. Because we post their food on social media and make our friends want to eat it too.

On Youtube and Instagram they post commercials for us to watch.

They are everywhere



How much money you spend on fast food

By: Ariana Caro



Money



- An average family spends at least 2,625 dollars year on fast food
- Or some family's would spend at least 219 dollars a month
- I asked one of my sisters friends and he said he spends at most 200 dollars a week on fast food which is about 600 dollars a month
- Americans spend over 10 billion dollars on fast food all over the United States last year



HEALTH RISKS

Alexandra

- Eating fast food raises the risk to heart problems.
- The 2004 study noted that regular eating fast food doubles your chance of diabetes
- Fast food is linked with an increased risk of death.



The Effects On Fast Food



WEIGHT GAIN

- an addiction
- over weight and food = heart disease, diabetes, and strokes
- Can involve an increase in muscle mass, fat deposits, excess fluids such as water





Child Obesity

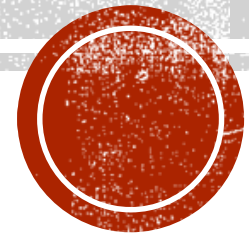
By: Miguel Pena



- One reason why children are obese is because commercials on TV or ads on YouTube
- They eat food and drinks that have a lot of calories
- Children who have childhood obesity are very little active
- When children are obese they can also be obese when they are adults



WAYS WE STAY HEALTHY:



I STAY HEALTHY BY:



I stay healthy by eating apples each and everyday. - Dakota

I stay healthy by not eating fast food . To not being fat you should work out. I eat fruit to stay healthy- Crystal

I stay healthy by drinking lots of water. - Sabrina

I stay healthy by eating frosted flakes. - Alan



MOVIE TIME

